

# **WM Diabetes & Pregnancy**

## **Trainees Meeting**

**24 November 2010**

This event was well attended – Consultants and junior medical staff, midwives working in diabetes care and diabetes specialist nurses.

- Feedback response rate from the evaluations 43%
- Feedback from the evaluations has been sent to the individual speakers, the overall average score for the presentations was 8.0 (range 7.4 to 8.3).

### **Quality of presentations**

**Could you please comment on the quality of presentations today?**

- Excellent
- Very good x2
- Good x3
- Simple yet effective
- All presentations are good
- Good in general - a couple were poorly presented due to presentation skills of those presenting

**What points of learning will you take away with you from today's forum?**

- Hapo study & outcomes. Control of DM in special circumstances i.e. steroids, labour
- Charts for AN Steroid Admin
- Very Good. Able to hear everyone today.
- Importance of thinking 'DKA' in pregnancy with Ketonuria
- Pumps. Steroids
- Euglycaemic ketoacidosis in pregnancy - causes capillary ketones in DKA
- Insulin Pumps
- New ways to give insulin after steroids; importance of DKA
- Causes of raised ketones in pregnancy. Use of home monitoring
- How to adjust insulin doses with a pump
- Adjustments & use of insulin in pumps during pregnancy & delivery
- Insulin requirements are variable during antenatal, intra partum & post partum period. Team approach is the key to management

**What would you like to see / make happen within your unit?**

- Uniform protocol
- Increase of insulin pumps
- More women on insulin pumps! Smaller clinics
- We need to decide re screening ? HAPO or modified version
- Decide on criteria to diagnosis GDM
- Greater understanding of diabetes
- Have protocols for pt. on CSII therapy

**What would you like to see / make happen within the region?**

- Uniformity of protocol in control of DM during steroids
- More Insulin pumps
- More audit / research cross-trust
- Study on ketogenesis in pregnancy
- We need to decide re screening ? HAPO or modified version - local guidelines adjusted for background risk if no national available soon
- More trainees meetings
- Development of preconception notes

**What could the Institute do to assist?**

- Draw up protocol for DM during AN steroids
- Use influence to enc. PCT's
- Coordinate research
- Continue hosting DiPAG
- Develop preconception notes

**What topics would you like included for future forums?**

- Multiple pregnancy problems. Pre-eclampsia / hypertension in pregnancy
- Scanning in pregnancy. Types of malformations
- GDM Focus. Screening policy. Treatment. Use of GTT after 30/40
- Pre & post natal care for GD, Type 1 & 2

**Further comments**

- Please could you let us know when DiPAG decides whether we should change our GDM screening & diagnosis
- Excellent. I like the late afternoon / evening programme
- Handouts would have been nice