

## Diabetes in Pregnancy Notes

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A screenshot of a medical form titled "Diabetes in Pregnancy Notes". The form is orange and white. It includes a header with a logo and the title. Below the header, there are several sections with labels and input fields. The sections include "Patient Information", "Diagnosis", "Management", and "Follow-up". The form is partially filled out with handwritten text and numbers.

## Findings of regional CEMACH Diabetes in Pregnancy 2007

- Deficiencies in standards of note-keeping were a common finding associated with poor maternal and fetal outcomes (44% obstetric notes & 51% diabetes notes)
- Included deficiencies in communication between groups of professionals (56%), and between professionals and women (47%)

## Recommendation

CEMACH 2007

- An individualised care plan covering the pregnancy and postnatal period up to 6 weeks should be clearly documented in the notes, ideally using a standard template. As a minimum this should include:
  - Targets for glycaemic control
  - Retinal screening schedule
  - Renal screening schedule
  - Fetal surveillance
  - Plan for delivery
  - Diabetes care after delivery

## Diabetes in Pregnancy (Nice- 2008)

- Good communication between healthcare professionals and women is essential. It should be supported by evidence-based, written information tailored to the woman's needs.

## Documentation of Diabetes Care: Current Practice

- Contacts page in hand-held antenatal records
- Hospital case notes
- Separate diabetes records
- Communication with GP & community midwives dependant on letters

## The pilot

- Pilot began November 2007
- 5 centres across the region
  - Birmingham Women's, Burton, Heartlands, Russells Hall and Coventry.
- 15 sets of notes – from first attendance at joint clinic until delivery +/- post-natal visit
- Includes mothers with T1DM, T2DM and GDM
- Feedback sought from mothers and all professional groups who might read and use the notes

## Mothers

14 forms returned

### *What did they like best?*

'the information for me'

'the way it helped you understand what diabetes is and how you must control your diet'

'the notes answered my questions'

'kept me informed about what was happening'

'very good to have all the information together'

### *Least:*

'blood glucose day-by-day too big'

'duplication of home monitoring diary'

## Health Professionals

33 forms returned

### *What did they like best:*

User-friendly

Logical flow

Information for mothers

### *Least:*

Need stiffer paper for blood glucose monitoring pages

Concerns re unnecessary paperwork (3)

Information different from current practice

# Overview of the notes

**Animal Visit**  
Visit to Domestic SP or Research Facility (RF) or Domestic Animal Health (DAH) or Domestic SP or Domestic Animal Health (DAH) or Domestic SP or Domestic Animal Health (DAH)

Date/Time	Site	Species (No)	BP	U/Analysis	HBAs	EPW	Health Type	Observation											
								SP	L	S	R	BT							

\* Signatories must be listed on page 1 for identification

Name: \_\_\_\_\_  
 Title: \_\_\_\_\_

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