

Diabetes in Pregnancy Scientific Meeting *The Burden of Gestational Diabetes*

From 09:00	Registration: Coffee / Tea
Session 1	<u>The GDM iceberg</u> Chair: Jason Gardosi - <i>Director, Perinatal Institute</i>
09:30	Welcome and introduction
09:40	Maternal obesity in the UK: diabetes & obstetric complications Kate Fitzsimons - <i>Clinical Effectiveness Unit, Royal College of Surgeons (previously Senior Research Fellow, CMACE)</i>
10:00	The effect of maternal characteristics on the development of GDM and macrosomia. Makrina Savvidou - <i>Consultant Obstetrician & Sub-Specialist in Fetal & Maternal Medicine, Chelsea & Westminster Hospital</i>
10.20	GDM and macrosomia in the West Midlands Michelle Southam - <i>Specialist Midwife, Perinatal Institute</i>
10:40	Panel discussion
11.00	Refreshment break
Session 2	<u>GDM treatment - why and what's the evidence?</u> Chair: Swati Ghosh - <i>Consultant Obstetrician & Gynaecologist, Alexandra Hospital, Redditch</i>
11.30	Evidence based guidelines for GDM Neil Shah - <i>Consultant in Maternal - Fetal Medicine, City Hospital, Birmingham</i>
11.55	Pharmacology and use of hypoglycaemic agents Alex Wright - <i>Hon. Senior Lecturer, Dept Medicine, University of Birmingham; Consultant Physician Heartlands Hospital, Birmingham and Manor Hospital, Walsall</i>
12:20	Recurrence risks for GDM and developing type 2 diabetes Jane Dale - <i>Consultant Physician & Endocrinologist, Russell's Hall Hospital, Dudley</i>
12:40	Information and prevention: preconception notes and leaflets Jackie Webb - <i>Diabetes Specialist Nurse Manager, HEFT, Birmingham</i>
13:00	Lunch and Displays
13.20	Option 1: Poster walk <i>Presentation and discussion of submitted abstracts</i> Option 2: Workshop: keys to managing GDM Angela Zzizinga - <i>Diabetes Nurse Specialist, Sandwell & West Birmingham NHS Trust</i> Gurjeet Chana - <i>Community Diabetes Dietitian, Birmingham Community Health Care NHS Trust</i>
Session 3	<u>GDM - Implications for commissioning services</u> Chair: Peter Shorrick - <i>Midlands Regional Manager, Diabetes UK</i>
14.00	Update on the NHS Diabetes Programme Rowan Hillson MBE - <i>National Clinical Director for Diabetes, DoH, London</i>
14:30	GDM services in the West Midlands: current practice Pat Brydon - <i>Diabetes Project Midwife, Perinatal Institute</i>
14:50	Round table: Commissioning for GDM services - different perspectives Will Drever - <i>Clinical Director for Commissioning of Diabetes Services for Birmingham South Central CCG</i> Jonathan Webber - <i>Consultant in Diabetes, University Hospital Birmingham</i> Radha Indusekhar - <i>Consultant Obstetrician, University Hospital of North Staffordshire</i> Felix Burden - <i>Clinical Director of Commissioning (Long Term Conditions), Birmingham & Solihull NHS Cluster</i>
16.00	Close; Coffee / Tea

Registration

£ 45 (includes buffet lunch and refreshments)

Please complete attached form and send with cheque (made payable to 'Perinatal Institute') to:

Shani Taylor, Perinatal Institute, Crystal Court, Aston Cross, Birmingham B6 5RQ

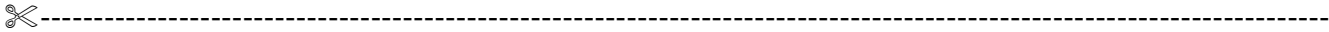
Places are limited and confirmed registration is required. Enquiries: shani.taylor@pi.nhs.uk

Sponsorship

This event is sponsored by Novo Nordisk, Abbot Diabetes Care and Becton & Dickenson, who have provided educational grants but have had no influence over the content of this meeting.

Abstracts

Abstract submissions are invited from all health professionals working within Diabetes Maternity services, suitable for poster presentation. There will be opportunity to present selected posters in the dedicated 'poster walk' session. Topics can include original research, audit or case histories. A prize and certificate will be awarded for the best presentation. Abstracts should be structured and contain up to 250 words; they should be sent to pat.brydon@pi.nhs.uk as an attachment (Word format) by Monday 1st May 2012.



Diabetes in Pregnancy Scientific Meeting ***The Burden of Gestational Diabetes***

Friday 18 May 2012, Perinatal Institute, Birmingham

PLEASE COMPLETE IN BLOCK CAPITALS

Surname Forename

Post held Department

Hospital

E-mail Telephone No.

Any special requirements; disabled access, dietary requirements etc:

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I enclose cheque for £45.00 (payable to 'Perinatal Institute')

Please indicate preference for lunchtime options:

Poster walk *Presentation and discussion of submitted abstracts*

Workshop: keys to managing GDM *Focus points: diet - exercise - CHO counting - BM monitoring – insulin regimes*