

Regional Midwifery Forum

Minutes of the Meeting Held: 10th January 2006

Present:

Name	Unit
Pat McGeown, Co-Chair	Perinatal Institute
Jean Lucas	Alexandra Hospital, Redditch
Tracey Greenhill, Susan Jackson	Birmingham Heartlands and Solihull
Wendy Burt	Birmingham Women's Hospital
Estine Dennis-Bryan	City Hospital
Elinor Clarke	Coventry University
Anne Mellor, Joyce Till	Mid Staffordshire Hospital
Christiane Harrison	New Cross Hospital
Amanda Hackett	Russell's Hall Hospital
Judi Barratt	Worcester Royal Hospital
Jill Wright, Kate Morse	Perinatal Institute

Apologies:

Name	Unit
Toni Martin, Co-chair	Worcester Royal Hospital
Angela McBennett	Birmingham Women's Hospital
Deb Garrett, Dawn Fuller	George Eliot Hospital, Nuneaton
Helen Melville	Good Hope Hospital
Tracey Sayce	Hereford County Hospital
Val Tristram	Kidderminster Hospital
Hazel Remmett-Booth, Lorraine Smith	New Cross Hospital, Wolverhampton
Lesley Adams	Princess Royal Hospital
Anthea Gregory-Page	Royal Shrewsbury Hospital
Nicola Speakman	Russell's Hall Hospital
Yvonne Marshall	Sandwell Hospital
Pat Bodin	University of Central England
Jackie Jenkinson	University Hospital of North Staffordshire
Kerry Gorton	Walsall Manor Hospital
Isobel McDermott	Walsgrave Hospital
Wendy Jones	Warwick Hospital
Ann Cysewski, Marcia Edwards	Wolverhampton University
Judith Wright	Worcester University

Minute Taker: Claire Hallahan, Perinatal Institute

Agenda Items

1. Introduction

Welcome and individual introductions.

Action Points

2. Minutes of meeting 8th November 2005

There were two amendments to the attendees of the previous meeting, the rest of the minutes were agreed as correct

Claire Hallahan

3. Matters arising and action points from last meeting:

- **Website** – this has now been updated.
- **Latent Phase of Labour** – the references have been completed and were sent to the Latent Phase of Labour Group to review and feedback to Kate Morse. Kate has not received any feedback from the group so will now put them on the website and circulate the hyperlink to the Regional Midwifery Forum Group and HOMs. The group have been asked to disseminate them within their unit. If anyone is unable to access the document on the website, they can contact Claire Hallahan who will forward the document by email or post. All feedback from the document is welcome. PMcG thanks the Latent Phase of Labour Group for their contribution.

Kate Morse

4. Presentation

- **MUST (Malnutrition Universal Screening Tool) Survey**
Kate Morse presented the findings of the MUST Survey and explained to the group how this is relevant to midwifery and that it is relevant to NSF. There are 5 steps to identify if an adult is either, malnourished, at risk of malnutrition or obese (for further information visit <http://www.bapen.org.uk/pdfs/Must/MUST-Complete.pdf>). The survey recognises that the results of the 5 steps must be interpreted carefully if women are pregnant or lactating.
Discussion followed regarding the role of the midwife and giving of dietary advice. Many felt that midwives have insufficient knowledge to offer specialist advice. A study undertaken in Coventry regarding this mirrors the thoughts of the group. Elinor Clarke offered to present the findings at a future meeting. **Date to be arranged.**
There was further discussion regarding referral for women with low or high BMI's to dietetic departments and this varies across the region. Christiane Harrison will bring some literature to a future forum regarding TOAST (The Obesity Awareness & Solutions Trust) which is a voluntary organisation for people who's lives are affected by obesity.
Some Children's Centres are now doing cookery lessons and teaching women how to shop which in the long term may help with malnutrition and obesity.

Pat McGeown /
Elinor Clarke

Christiane
Harrison

5. Future topics for discussion -

- **BMI > 30** - KM and JW have been liaising with Janet Gordon, a dietician at Birmingham Women's Hospital, the group agreed that it would be beneficial for her to come to a forum to discuss dietetic support for pregnant women with high/low BMI's and also discuss the Vitamin D supplements for breastfeeding mothers.
- **Why Mothers Die** – it was suggested that this topic is re-visited to see what plans individual units have implemented. The group would like Margaret Oates to speak to them but due to her busy schedule this may take some time to arrange. Some units have developed a care pathway

Kate Morse

based on Margaret Oates' screening tool. Wendy Burt from BWH is willing to discuss their pathway with the group as it explains how women access services at various stages e.g. pregnancy and post pregnancy.

- Jean Lucas from Redditch said there is a Health Visitor (Anna Cassin) who works with women with mental health issues. Jean suggested she asks Anna if she would be willing to speak to the group about her work, group agreed. Anne Mellor will forward to Kate contact details for another Specialist Nurse from Stafford, Kate will then contact her as well.
- **Group B Strep** – The results of the BWH study are still not available; Wendy Burt will liaise with Kate to book future forum date.

Jean Lucas

**Anne Mellor/
Kate Morse
Wendy Burt**

6. Any Other Business

It was suggested that the group could look at holding the forum on another day as Tuesdays are not always a good day. PMcG said they would see how things went over the next few months and pointed out that no matter what day was chosen there would always be people that could not attend due to other commitments.

Anne Mellor asked if anyone had a plan in place for asylum seekers, it was suggested that she speak to Ann O'Reilly at Walsgrave Hospital.

7. Date and Time of next meeting

- Tuesday 7th March 2006 at **1pm** (lunch available from 12.30pm)
Venue: The Perinatal Institute, Crystal Court, Birmingham