

**West Midlands
Smoking Cessation in Pregnancy (SCIP) Network
Minutes**

Monday 8 May 2006, 11:30 – 12:30

Perinatal Institute, Crystal Court, Aston Cross, Birmingham B6 5RG

Present:

Christina Charlton (CC)	Coventry PCT	
Jackie Daykin (JD)	Sandwell SSS	
Ceri Evans (CE)	South Worcs SSS	
Ann Fitchett (AF)	S. Birmingham SSS	
Jason Gardosi (JG)	Perinatal Institute	(Chair)
Heena Jabbar	EBSSS	
Lynda Jones	Sandwell SSS	
Vicky Masters (VM)	Solihull SSS	
Carmel O'Gorman (COG)	N.Birmingham SSS	(Project Manager)
Sue Mckie	Wolverhampton SSS	
Michelle Pugh (MP)	Hereford SSS	
Claire Sweeney (CS)	Shrewsbury Sure Start	
Lorraine Williams (LW)	East Birmingham Sure Start	
Amanda Harrison	Perinatal Institute	(minutes)

1. Apologies

Angie Collard (WMSSHA), Annabel Cooper (Gloucester SSS), Wendy Dudley, (North Staffs), Amanda Parkes (Dudley, Beacon & Castle), Kathy Lee (HOB SSS), Sue Randall (South Warks SSS), Paul Hooper (GOWM), Pauline Evans BLT PCT

2. Minutes of Last Meeting

The minutes of the last meeting were reviewed and agreed as true record.

3. Matters arising

There were no items in addition to those already covered by agenda or the project report.

4. Project Manager's Update

a) Consent Protocol

Carmel O'Gorman (COG) gave an outline regarding the risk assessment and consent forms. A requirement has been highlighted for standardisation of this paperwork and the group were previously asked to forward copies that they currently use with a view to using these as templates for one generic form. COG stated she was impressed by the quality of information already received from members and advised that a meeting is to be held with Ceri Evans (CE), Lynda Jones (LJ) and Kathy Lee (KL) to progress this task further.

b) Standardised Record

This ties in with the creation of the NRT form which COG is currently preparing with the assistance of staff at the Institute. The form will act as a record of NRT used by pregnant women throughout the various stages of pregnancy. Discussion deliberated on what time intervals information should be collected, how it should be reported and indeed, who should be responsible for collection. Suggestion was made to have 3 tear off slips on the form which would be completed at the various stages and then forwarded to a central collection point.

The following intervals were decided:
12 weeks

4 weeks after intervention
At birth or at 4 week visit – validated
6 month visit – preferably validated

5. The point was raised that post delivery, information is difficult to collect. There would be a need to liaise with both hospitals and ultimately Health Visitors. A suggestion was made to hold a Health Visitor Forum with a view to invite them to engage in the data collection project. If all the group are in agreement that 6 month collection is useful then Health Visitors need to be engaged. Clarification is needed as to whether at 6 months the data should be CO validated or just self report.

ACTION COG

Members asked whether the information could also be collected via a dedicated web application - this way information would be kept up to date which would be better than forwarding paper records. The NRT record form, however, would still be used to gather the information and record consent from the individual to hold the data. JOG agreed that this would be a better option and some of the know-how used for current maternity applications could be applied. He said he will discuss this with the programming team of the Institute with view to have a tool by autumn 06, however, the data items would need to be agreed before the spec could be finalised.

ACTION JOG

COG will be liaising with Kate Morse (PI) to discuss suggested 'consent' wording. The group were asked if they have anything already in place to forward accordingly.

ACTION COG/ALL

The draft copy of the proposed NRT form was projected on-screen. Lengthy discussion was had on the information to be requested, with a view that recording be expanded and include full details i.e. product, dose, duration, batch number and an option for 'combination' treatment. A decision was made that a further draft be circulated to the group for approval once further work has been carried out.

JOG highlighted that there is the possibility that data collected becomes too detailed. A suggestion was made to initiate a small sub-group to work on and define a data-set and protocol as to how this will work in practice.

ACTION COG

There is currently a lack of guidance from the DH on collection of this type of data and JOG highlighted this as an opportunity for the group to take the lead.

5. NICE Update

COG reported that the Brief Intervention Guidance is now out, however, unfortunately there is no reference to Smoking Cessation in Pregnancy as there is no data available.

She tabled the stakeholder comments document re Smoking Cessation Services guidance. The stakeholders will have the opportunity to add further comments as the document is developed.

A Programme Development Group meeting is scheduled for the 31 May. A progress update will be given by COG at the next meeting.

6. Locally Enhanced Service – Implications for Smoking in Pregnancy

Lynda Jones (LJ) outlined the above new initiative on practice based commissioning. Ultimately this will prompt the engagement of other services to get involved with smoking cessation in pregnancy promotion by being paid for referrals, with enhanced payments for target numbers etc.

There is also the opportunity to engage in full intervention which will generate a larger payment and this will be rolled out in August. AF raised the concern regarding payment initiated practice as there have allegedly been cases of GP's fraudulently referring cases in the past. Ultimately this is a risk, however, the belief is that this is a useful procedure that will ensure more women who smoke and are pregnant are reached.

There is a need to raise the overall profile of SCIP and ensure that support materials are disseminated to other working groups.

7. Training & Conferences

COG stated that the conclusion of the group at the last network meeting was that training needs could be addressed via a conference. This is being looked at now with a view to a conference being held in the autumn of this year. The group were asked to forward suggestions of content and speakers etc. Date and time of conference to be confirmed at next meeting.

ACTION ALL/COG

8. AOB

8.1. COG advised of a recommendation by Alison Trout, Health Psychologist re a publication titled:

Overcoming Your Smoking Habit; A self-help guide using Cognitive Behavioural Techniques David F. Marks

COG holds a copy, however, this can be bought cheaply via Amazon.

8.2. Sue Randall (SR) has recently had an article produced in *Paediatric Nursing* entitled *Children and second-hand smoke: not just a community issue*. This document will not be posted on the web due to copyright restrictions, however, COG can supply copies if requested.

8.3. The RCN has produced a report titled:

Protecting community staff from exposure to second-hand smoke

This can be viewed via the web - www.perinatal.nhs.uk/smoking/resources_pro.htm

8.4. Ceri Evans (CE) brought along a DVD which has been produced in conjunction with Markit Television in which she also features! The DVD is entitled *Smoking in Pregnancy: Are you ready to quit?*. The group had an opportunity to view this 12 minute production after the meeting. Copies can be purchased from the producers: £528.75 inc. VAT.

www.markittelevision.com

9. Date & Time of Next Meeting

Monday 10th July 2006 11:30-12:30. (Peer support group from 10.00).