

# West Midlands Smoking Cessation in Pregnancy (SCIP) Network Minutes



Monday 10 July 2006, 11:30 – 13:00

Perinatal Institute, Crystal Court, Aston Cross, Birmingham B6 5RG

#### Present:

Angie Collard (ACL) WMSSHA
Annabel Cooper (AC) Gloucester SSS
Pauline Evans (PE) BLT PCT

Ann Fitchett (AF) S. Birmingham SSS

Jason Gardosi (JG) Perinatal Institute (Chair)

Kathy Lee (KL) HOB PCT SSS Vicky Masters (VM) Solihull SSS

Carmel O'Gorman (COG) N.Birmingham SSS (Project Manager)

Michelle Pugh (MP) Hereford SSS
Helen Robertson (HE) S.Birmingham SSS
Claire Sweeney (CS) Shrewsbury Sure Start

Amanda Harrison Perinatal Institute (minutes)

## 1. Apologies

Christina Charlton Coventry PCT, Wendy Dudley North Staffs, Ceri Evans South Worcs SSS, Yvonne Hermon Dudley, Beacon & Castle, Paul Hooper GOWM, Lynda Jones Sandwell SSS, Sue Mckie Wolverhampton SSS, Amanda Parkes Dudley, Beacon & Castle, Emily Robinson E Staffs PCT, Sue Randall South Warks SSS

## 2. Minutes of Last Meeting

The previous minutes were reviewed and an amendment was made to note that Christina Charlton was present at the meeting. The rest of the minutes were agreed as true record.

#### 3. Matters arising

There were no additional items to report upon over and above those already covered by an agenda item.

# 4. Project Manager's Update

a) Consent Protocol

Carmel O'Gorman (COG) advised that along with some members of the NRT sub-group a draft consent form has been produced. This has been drawn up by utilising information from other consent forms currently in use which have been forwarded by the team. She advised that further work was to be carried out on this form following the meeting. The view is for it to be circulated to the team for review in a couple of weeks.

Ann Fitchett raised the question of the name of the form. She expressed a concern that the word 'consent' could imply that the individual is 'consenting' to taking NRT, not as it is that they are signing to state they have received and understood information given to them. Her suggestion of a name was 'Informed Agreement Form'.

This led to greater discussion on the purpose of the form and it's overall content. The chair, (JOG) suggested that it could include something that would indicate that the individual agrees to information about them being collected and held. His suggestion for

a name was 'Information Leaflet'. He then suggested that perhaps the NRT form could hold a section for signing to state that the 'Information Leaflet' has been discussed and received along with the individuals consent for information being held. The overall feel was that one form needs to be devised which is detailed enough without being overcomplicated, which could become a bespoke W Midlands working tool. COG raised a concern regarding information given on this form and it's 'shelf-life'. JOG suggested that a caveat be included to point individuals to any 'new' information via the website. If major changes were to occur then the form would need to be amended accordingly. CO'G will seek some advice from Ann Tonks at the Perinatal Institute re: wording on patient information.

**ACTION COG** 

### b) Standardised Record

COG thanked the team for forwarding all their paper systems and stated these were a good starting point. If anyone has not emailed their current paper systems i.e. history sheets etc..please email or post to COG as soon as possible. This will ensure that existing paper systems can be taken into account.

## c) NRT Registry

A sub group meeting has been held. This was useful and highlighted that further changes to the form need to be made. In particular the most effective way to capture data on NRT use. COG stated that further work also needs to be carried out with a view to integrating information from all existing sources.

AF highlighted a concern regarding the issue of missing information at birth i.e. no record re smoking status. JOG explained that there has recently been the launch of the Birth and Postnatal notes which both do include a section on smoking.

## 5. Tobacco Control/GO Board Meeting Update

COG reported that GO are trying to address the poor data which is being collected from hospital trusts. 'Hot spots' have been identified and work is now in progress to find a way forward to improve the quality. There was discussion at the potential of trying to collect BBC wide information in line with the BBC project and MANNERS.

Ultimately it has been recognised that there is a lack of national guidance in regard to smoking cessation in pregnancy. There is a need to look at the development of standard guidelines/information which outlines resource, cost implications etc. The team were asked for suggestions of anything they would like highlighted in this model – comments made were:

Admin support – requirement
Outline from a historical perspective
Cost implications – suggestion made that Prof Christine Godfrey and Paul Hooper could assist with information here
Prematurity

JOG stated he felt that something could be created in the form of a leaflet by the group, clear and concise information in bullet point format in the form of a leaflet. The team were asked that if they had any further ideas to please forward them to COG.

**ACTION ALL** 

## 6. NICE Update

COG advised that she has attended another meeting recently. This was around best practice and effectiveness of the SS services. At this point she advised that she is unable to divulge much information due to NICE protocol but stated she was very

impressed with the NICE process. A draft report will be due soon and as the network is a stakeholder the team were asked to ensure that once received they take the time to review and feedback on the document. This will be another important opportunity to influence the guidance before it is published.

**ACTION ALL** 

## 7. Infant Feeding Survey (IFS) Report – Annabel Cooper

AC gave a brief overview of the above document which was forwarded to the team earlier this month. She surmised that there was a marked increase in the number of pregnant teenagers and routine and manual workers.

JOG felt it may be pertinent for the document to be presented in full at a future meeting. The feeling was that it would be very useful to get a breakdown of the information used for the West Midlands. COG explained that she had tried to source a contact but had little joy. It was decided that a letter should be written with a c.c. to J Baker, P Hooper and JOG.

**ACTION COG** 

## 8. Training & Conferences

Wolverhampton Conference

COG reported she attended the above event along with Michelle Pugh (MP). Their presentation and quiz was very well received and addressed a good sized audience. This proved to be a good opportunity of raising the profile of the group and there were lots of questions/discussion with people from various quarters.

Smoking Cessation Conference – 26/27 June

The above event incorporated a pregnancy workshop with presentations from various sources COG reported that the content of these promoted SCIP well. One presentation (John Taylor) is planning to conduct research examining ways in which to attract pregnant women into local Stop Smoking Services. If any one would like to be involved in assisting with this research, please contact COG to obtain John Taylor's contact details. AF also presented on the practicalities of providing stop smoking services for pregnant women and this was well received.

**ACTION COG** 

### 9. AOB

No further items.

### 10. Date and Time of next Meeting

Monday 25<sup>th</sup> September 11.30am (Peer support group from 10.00)